

Cigna Healthcare International Health 2024 Study

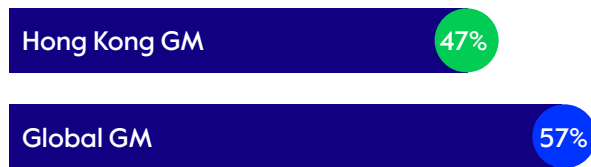


Well-being Insights

Hong Kong

The Cigna Healthcare International Health 2024 study reveals that the Globally Mobile (GM) population—those living and working overseas away from their home country—remains happier and healthier when their well-being is supported by their employer. This unique cohort of individuals is a valuable source of talent, skills, and experience, with a distinctive set of characteristics. Our study revealed the following notable findings about the GM:

Overall well-being



In Hong Kong, the well-being score for the GM population is **10-percentage points** below the global average and remains unchanged from 2023. Globally, the well-being of the GM population remains strong with an **8-percentage points** increase compared to the previous year.

Incidence of GM

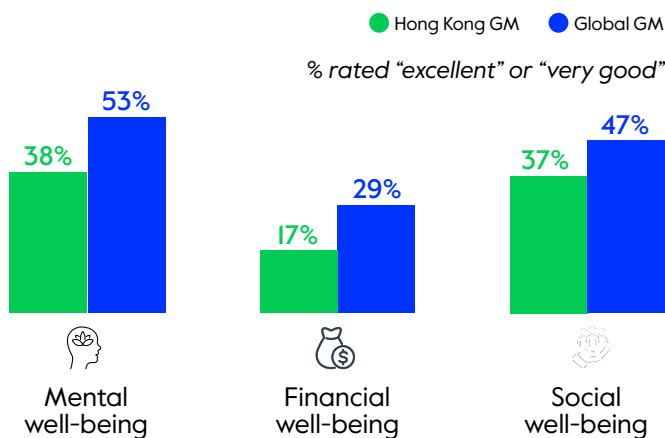


vs. 2023	+1
vs. 2022	-7
vs. 2021	-7

The incidence rate for the GM population in Hong Kong has remain consistent at **9%** compared to 2023. In contrast, the incidence rate for the GM population across other researched markets has declined by **9-percentage points** from last year, reaching its lowest level in four years.

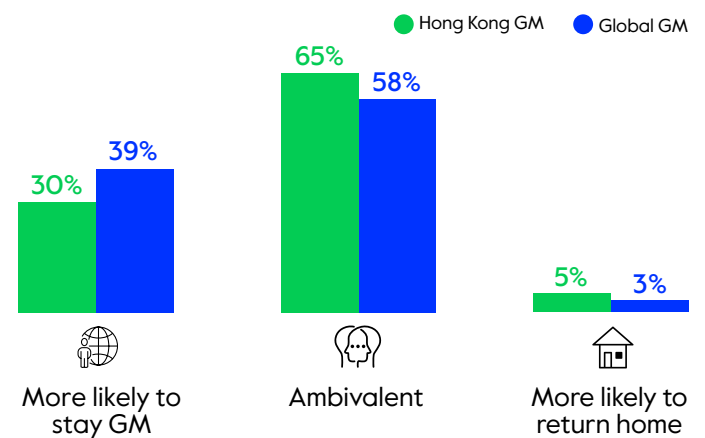
Aspects of well-being

In Hong Kong, GM individuals report weaker well-being across key categories of mental, financial and social well-being than GM in other markets, highlighting important considerations for employers.



Likelihood of staying GM

Hong Kong's GM population show more uncertainty and a stronger inclination to return home than the global average. Globally, most GM individual are stable or ambivalent about staying.



Cigna Healthcare is a health benefits provider that advocates for better health through every stage of life. We guide our customers through the health care system, empowering them with the information and insight they need to make the best choices for improving their health and vitality.

Founded in 1933, our Hong Kong business provides comprehensive health and wellness solutions to employers, employees and individual customers. Leveraging on our extensive global healthcare network, we offer global group medical benefits that provide comprehensive and tailored coverage for a wide range of organizations. For individual customers, we also offer a full suite of health insurance plans to cater for their diverse needs.

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